

Apple Crunch Pupcakes

Ingredients:

- 2 $\frac{3}{4}$ cups water
- $\frac{1}{4}$ cup applesauce (unsweetened)
- 2 T. honey
- $\frac{1}{8}$ T. vanilla extract
- 1 medium egg
- 4 cups whole wheat flour
- 1 cup dried apple chips (unsweetened)
- 1 T. baking powder

Directions:

- Preheat oven to 350 degrees
- Mix water, applesauce, honey, egg and vanilla together in a bowl
- Add three remaining ingredients and mix until well blended
- Pour into lightly greased muffin pans
- Bake 75 minutes