

# Visit to the Vet

Our pets also need to go to the doctor. Because our pets can't use words to tell us how they are feeling, it's important for them to see the vet once or twice a year. When taking your pet to the vet, always put your cat in a carrier and have your dog on a leash. Pets can sense if you are nervous. So, help relax your pet by remaining calm and confident.

## How to Prepare for a Visit to the Vet

As well as asking your vet about how often your pet should visit, parasite treatment, dental health, I.D., diet, training, grooming needs, toys, general hygiene, and vaccination, you can help by making notes of your pet's daily habits and sharing them with the vet. These notes will help your vet to find out if your pet has been fit and healthy at home.



### Did you know?

A dog's heart rate is 60 to 160 beats per minute; a cat's is up to 200 beats per minute; people's hearts beat 60 to 100 times per minute.