

Animal Wellness Center
Behavior & Training Reading List Recommendations
Updated 1/25/16

Puppy Training

Before and After Getting Your Puppy, by Ian Dunbar

Before and After Getting Your Puppy is a simple, practical guide for anyone bringing a new puppy into the home. In clear steps, with helpful photos and easy-to-follow training deadlines, Dr. Ian Dunbar, presents a structured yet playful and humorous plan for raising a wonderful dog. The guide is based on six developmental deadlines: completing owner education and preparation, assessing a puppy's prior socialization and education, teaching errorless house-training and chew toy-training, completing a socialization program of meeting strange dogs and people, learning bite inhibition, and continuing a program of ongoing training.

➤ Free downloads: www.dogstardaily.com/freedownloads

Perfect Puppy in 7 Days, by Sophia Yin

Does your puppy nip or jump? Have potty accidents? Or struggle when handled? This book will help you set your puppy on the path to being a polite, well-socialized, happy companion in just one week. Dr. Yin's positive-reinforcement program leads to a strong bond between you and your pup from day one. With over 400 photos it visually takes you through the steps needed to potty train, socialize, and provide your puppy with life skills. And it ensures that your puppy will enjoy behaving well, because it teaches owners how to make good behavior fun. It's not just about teaching your puppy manners, it's a step-by-step recipe for bonding with your puppy, learning to communicate with him, and preparing you pup for life!

General Training

Decoding Your Dog by American College of Veterinary Behaviorists

Unwanted behavior is the number-one reason dogs are relinquished to shelters and rescue groups. Dog owners face a plethora of trainers offering a bewildering variety of advice. From rewards to dominance training, from to shock collars to clickers, there are too many theories peddled by too few trained experts. Finally, the board-certified specialists of the American College of Veterinary Behaviorists are here to decode how dogs think, how they communicate, and how they learn. Combining cutting-edge science with accessible and adaptable real-life examples, this is a must-have dog behavior guide showcasing the latest veterinary-approved positive training methods. *Decoding Your Dog* will resolve the complaints, answer the curiosities, and, ultimately, challenge the way we think about our dogs.

Don't Shoot the Dog, by Karen Pryor

"Whatever the task, whether keeping a four-year-old quiet in public, housebreaking a puppy, coaching a team, or memorizing a poem, it will go fast, and better, and be more fun, if you know how to use reinforcement."--Karen Pryor. Now Karen Pryor clearly explains the underlying principles of behavioral training and through numerous fascinating examples reveals how this art can be applied to virtually any common situation. And best of all, she tells how to do it without yelling threats, force, punishment, guilt trips--or shooting the dog. 8 methods for putting an end to all kinds of undesirable behavior. The 10 laws of "shaping" behavior--for results without strain or pain through "affection training.

Culture Clash, by Jean Donaldson

Generations of dogs have been labeled training-lemons for requiring actual motivation when all along they were perfectly normal. Numerous other completely and utterly normal dogs have been branded as canine misfits simply because they grew up to act like dogs. Barking, chewing, sniffing, licking, jumping up and occasionally, (just like people), having arguments, is as normal and natural for dogs as wagging tails and burying bones. However, all dogs need to be taught how to modify their normal and natural behaviors to adjust to human culture. Sadly, all too often, when the dog's way of life conflicts with human rules and standards, many dogs are discarded and summarily put to death. That's quite the Culture Clash.

The Other End of the Leash

This book shares a revolutionary, new perspective on our relationship with dogs, focusing on *our* behavior in comparison with that of dogs. An applied animal behaviorist and dog trainer with more than twenty years experience, Dr. Patricia McConnell looks at humans as just another interesting species, and muses about why we behave the way we do around our dogs, how dogs might interpret our behavior, and how to interact with our dogs in ways that bring out the best in our four-legged friends. After all, although humans and dogs share a remarkable relationship that is unique in the animal world, we are still two entirely different species, each shaped by our individual evolutionary heritage. Quite simply, humans are primates and dogs are canids (like wolves, coyotes, and foxes). Since we each speak a different native tongue, a lot gets lost in the translation. *The Other End of the Leash* demonstrates how even the slightest changes in your voice and the way you stand can help your dog understand what you want. Once you start to think about your own behavior from the perspective of your dog, you'll understand why much of what appears to be doggy-disobedience is simply a case of miscommunication.

Power of Positive Dog Training, by Pat Miller

A renowned dog trainer gives you the positive training tools you need to share a lifetime of fun, companionship, and respect with your dog. Plus, you'll get: information on the importance of observing, understanding, and reacting appropriately to your dog's body language; instructions on how to phase out the use of a clicker and treats to introduce more advanced training concepts; a diary to track progress; suggestions for treats your dog will respond to; and a glossary of training terms.

For the Love of a Dog: Understanding Emotion in You and Your Best Friend, by Patricia McConnell

Yes, humans and canines are different species, but current research provides fascinating, irrefutable evidence that what we share with our dogs is greater than how we vary. As behaviorist and zoologist Dr. Patricia McConnell tells us in this remarkable new book about emotions in dogs and in people, more and more scientists accept the premise that dogs have rich emotional lives, exhibiting a wide range of feelings including fear, anger, surprise, sadness, and love. In *For the Love of a Dog*, McConnell suggests that one of the reasons we love dogs so much is that they express emotions in ways similar to humans. After all, who can communicate joy better than a puppy? But not all emotional expressions are obvious, and McConnell teaches both beginning dog owners and experienced dog lovers how to read the more subtle expressions hidden behind fuzzy faces and floppy ears. For those of us who deeply cherish our dogs but are sometimes baffled by their behavior, *For the Love of a Dog* will come as a revelation—a treasure trove of useful facts, informed speculation, and intriguing accounts of man’s best friend at his worst and at his very best. While we may never be absolutely certain what our dogs are feeling, with the help of this riveting book we can understand more than we ever thought possible. Those who consider their dog’s part of the family will find *For the Love of a Dog* engaging, enlightening, and utterly engrossing.

How to Behave So Your Dog Behaves, by Sophia Yin

How to Behave So Your Dog Behaves takes a scientifically sound yet practical approach to explaining dog behavior and training theory, and then shows you how to apply these concepts so you can train your dog to be well behaved. Written by one of the leading veterinary behaviorists in the country, this revised and expanded edition of the original bestseller features brand new chapters that provide the most up-to-date science of dog behavior and explains key concepts in clear, straightforward language. The user-friendly, full-color instructional drawings enhance the informative text, while the all-positive training advice helps you change undesirable behaviors without resorting to aversive corrections such as yelling, hitting, pushing, or other outdated forms of punishment. Good behavior and problem solving exercises are broken down into easy-to-read “5 Minute” sections, while “Spot” quizzes throughout the text help reinforce your grasp of the material. Science-based methods for observing, understanding, and modifying behavior are applied to everyday situations, offering numerous examples of how training exercises can be turned into fun games for both dogs and owners.

Getting Started: Clicker Training for Dogs, by Karen Pryor

"New to clicker training? Then this is a "must read". Learn from this book how training can be FUN, both for you and your dog!" If you are curious about clicker training and want to give it a try, *Getting Started: Clicker Training for Dogs* is the place to begin. Karen Pryor's readable, entertaining chapters introduce you to the why's and how's of clicker training from choosing a treat and timing the click to training a trick. Now in an expanded edition, *Getting Started* will introduce you to the power of positive training for your new puppy or older dog.

Raising Puppies and Kids Together: A Guide for Parents, by Pia Silvani

All parents want to see their children grow up to have a healthy bond with the family dog. This is the most comprehensive guide to achieving a loving, respectful, and sane household.

Maintaining a safe and happy household that includes both puppies and children can be a challenging task. What is the best way to teach a child to respect the family pet? What rules should be established to help avoid conflict? What are realistic expectations for both the puppy and the child? Sharing insight gleaned from over 20 years of combined experience in the field of dog training, the authors provide a roadmap for navigating the sometimes complicated path to a loving and respectful relationship between puppies and children. Real-life examples of interactions between children and dogs clearly illustrate common problems and offer appropriate solutions, while instructional photos give examples of both "right" and "wrong" behavior. Learn how to meld the playful and protective nature of a puppy with the curiosity and compulsiveness of a child to create a positive atmosphere for the puppy, the child, and the rest of the household.

The Genius of Dogs: How Dogs Are Smarter Than You Think, by Brian Hare and Vanessa Woods

Brian Hare, dog researcher, evolutionary anthropologist, and founder of the Duke Canine Cognition Center, and Vanessa Woods offer revolutionary new insights into dog intelligence and the interior lives of our smartest pets. In the past decade, we have learned more about how dogs think than in the last century. Breakthroughs in cognitive science, pioneered by Brian Hare have proven dogs have a kind of genius for getting along with people that is unique in the animal kingdom. Brian Hare's stunning discovery is that when dogs domesticated themselves as early as 40,000 years ago they became far more like human infants than their wolf ancestors.

Domestication gave dogs a whole new kind of social intelligence. This finding will change the way we think about dogs and dog training—indeed, the revolution has already begun. Hare's seminal research has led him to work with every kind of dog from the tiniest shelter puppy to the exotic New Guinea singing dog, from his own childhood dog, Oreo, to the most fashionable schnoodle. *The Genius of Dogs* is nothing less than the definitive dog book of our time by the researcher who started a revolution.

The Dog Who Loved to Much: Tales, Treatments and the Psychology of Dogs, by Dr. Dodman

What do you do with a dog that attacks the telephone whenever it rings? Or one who chases imaginary rabbits down imaginary holes? Or one who is terrified of micro blinds...or turns into Cujo every time company arrives? In this warm, compassionate, entertaining, and very informative book, Dr. Nicholas Dodman, one of the premier veterinary behaviorists in the country, tells real-life stories from his practice that illustrates his unique approach to correcting unwanted behaviors. By making key changes in a dog's diet, exercise regime, environment, and training, Dr. Dodman has been able to work wonders with even the most difficult problems. Utilizing revolutionary discoveries in canine behaviorism and pharmacology, Dr. Dodman has given hope and helps to owners whose only previous options were obedience schools, or if these failed--euthanasia. Whether you own a problem dog or just want to better understand the complex, intelligent mind of your canine companion, this is a book you won't want to miss.

It's Me or The Dog: How to have the Perfect Pet, by Victoria Stilwell

Canine expert Victoria Stilwell shows readers how to train their dogs out of even the most difficult and persistent bad behaviors. It's *Supernanny* for your dog! Victoria Stilwell is one of the world's most recognized and respected dog trainers. As the host of the international smash hit television series *It's Me or the Dog* and the founder of training schools on both sides of the Atlantic, she is known as much for her spunky attitude as for her caring, effective methods. Here, in her first book, Victoria shows how to tame even the most problematic dog. Simple, intuitive instructions and color photographs help dog owners not merely train their pets, but truly understand them -- so when a new issue arises, they'll be able to adjust their approach and nip it in the bud before it gets out of hand. Throughout, she reminds owners that training isn't about imposing their will on a dog; it's about giving him the tools he needs to live in the human world.

Train Your Dog Positively: Understand Your Dog and Solve Common Behavior Problems Including Separation Anxiety, Excessive Barking, Aggression, Housetraining, Leash Pulling, and More! By Victoria Stilwell

In her third book, renowned dog behavior expert Victoria Stilwell provides a comprehensive toolbox designed to help dog owners overcome the most persistent, annoying and dangerous behavior problems in their dogs. Far from being merely another dog training manual, however, it also serves as an easily accessible yet scientifically sound roadmap for understanding where our dogs come from, how they experience the world and what we need to teach them most effectively. *Train Your Dog Positively* is the definitive must-read book for all dog lovers who are committed to giving their canine companion the best chance to succeed by harnessing the power of force-free training techniques. With this upbeat, proven guide, Victoria addresses the main problem behaviors that have dog owners wringing their hands in desperation, from submissive urination to separation anxiety to leash aggression to jumping up on visitors. Just like she does in her TV shows, Victoria helps owners actually change the way their dog thinks, feels, and learns. Using her time-tested and scientifically-backed brand of positive reinforcement training methodology, Stilwell not only helps us understand once and for all why outdated and dangerous punishment-based methods are so flawed, but also how and why to replace them with more effective and long-lasting positive solutions that create a bond between man and dog based on mutual trust, respect and love.

Behavior Concerns / Aggression

If your dog is displaying aggressive behaviors please contact us so that we may be able to help guide finding the right behavior specialist.

Fight: A Practical Guide to the Treatment of Dog-dog Aggression!, by Jean Donaldson

This is down-to-earth manual will teach you how to use behavior modification to retrain a dog that bullies other dogs, or becomes fearful when approached by other dogs. Includes descriptions of: Common types of aggression Assessing prognosis, Remedial socialization, On-leash manners training, Proximity sensitivity, Play style and skills, Resource guarding, Prevention.

Cujo Meets Pavlov, by Kathy Sdao (DVD)

Does your dog lunge, bark, snap, go berserk or just get out of control at the sight of another dog or person? Learn how to prevent trouble and turn anxiety-ridden walks into relaxing, peaceful strolls! This is a full day workshop that combines lecture on the science of classical conditioning with hands-on demonstrations using dogs that lunge, bark, or snap at other dogs. Kathy teaches how to humanely correct this behavior, using techniques that are also applicable to dogs that display aggression to people. 3 parts.

Mine! A Practical Guide to Resource Guarding in Dogs, by Jean Donaldson

Dogs that become demonic around the food dish, snarly on the sofa or grouchy when chewing on a bone are all-too-common. Finally, here's a comprehensive, step-by-step guide to help you recognize, evaluate and treat resource guarding in pet dogs.

Feisty Fido: Help for the Leash-Reactive Dog, by Patricia McConnell and Karen London

Feisty Fido is designed for anyone (novice or professional) who works with dogs who are overly reactive to other dogs when on leash. Whether your (or your client's) dog reacts by barking, lunging, stiffening or hiding behind your legs, this booklet is full of humane and effective dog training solutions to a common dog problem. It includes new sections on equipment, an expanded section on "Where's the Dog", and revised instructions for teaching "Watch". With plans for handling emergencies such as off-leash dogs who show up out of nowhere, this dog training program can make leash walks fun again, for you AND your dog.

The Bark Stops Here, by Terry Ryan

"The Bark Stops Here's strengths are in giving owners insight as to why their dogs are barking and information on some behavior modification and management techniques to deal with it. Appropriately. Realistically. Humanely.

I'll be Home Soon: How to Prevent and Treat Separation Anxiety, by Patricia McConnell

This booklet explains the difference between dogs who truly have separation anxiety and those that merely misbehave. Written by Patricia McConnell, it describes a dog behavior modification program for the prevention and treatment of both problems. A treasure chest of ideas for keeping your dog happy in your absence, this booklet can help prevent and treat both minor and severe dog problems related to dogs being "home alone." Clear and understandable, this easy to read booklet is written for anyone who wants to leave the house knowing that their dog is happy and their house is safe.

Behavior Adjustment Training: BAT for Fear, Frustration, and Aggression in Dogs, by Grisha Stewart

Think functional to solve your dog's reactivity issues. Behavior Adjustment Training (BAT) was developed by author Grisha Stewart to rehabilitate and prevent dog reactivity. BAT looks at the function of growling, lunging, or fleeing and helps dogs learn socially acceptable behaviors that serve that same function. In a nutshell, BAT builds confidence by giving dogs a chance to learn to control their environment through peaceful means. That makes BAT very empowering to your dog or puppy, in a good way. It's also empowering for you, as you learn how to understand your

dog and help him learn to safely get along with people, dogs, and other triggers. You will learn: How to encourage or shape a replacement behavior that provides your dog the same functional reward as reactivity; Why it is important to keep your dog calm in the presence of a trigger while teaching him to make good choices; Step-by-step instructions needed to stage BAT set-ups to work with your dog in a controlled environment; Practical ways to keep your dog from being pushed into a reactive state in and around your home and on walks; and How to use BAT preventively for puppy socialization.